



Meal Patterns and selections for each menu are based on nutritional guidelines mandated by the USDA's Choose My Plate program and other mandatory state guidelines, with the best interest of the child's nutrition in mind. Visit ChooseMyPlate.gov for more information.

WEEK FOUR MENU

Menu for children 1 to 12 years old

Meal Components	Monday Date <u>5/25/2026</u>	Tuesday Date <u>5/26/2026</u>	Wednesday Date <u>5/27/2026</u>	Thursday Date <u>5/28/2026</u>	Friday Date <u>5/29/2026</u>
Breakfast <ul style="list-style-type: none"> Whole Grain/bread Juice, fruit or vegetable Milk, fluid Other foods 		WG Cereal Peaches Whole/1%/Lactose Milk	Bagels & Cream Cheese Applesauce Whole/1%/Lactose Milk	WG Cereal Bananas Whole/1%/Lactose Milk	Rice Chex Blueberries Whole/1%/Lactose Milk
Lunch <ul style="list-style-type: none"> Meat or meat alternate Vegetable Fruit Whole Grain/ bread Milk, fluid 	CENTER CLOSED FOR MEMORIAL DAY	Vegetable Soup Mixed Vegetables Pears Wheat Rolls Whole/1%/Lactose Milk	Chicken Nuggets Salad/Carrots (Toddlers) Pineapples Wheat Bread Whole/1%/Lactose Milk	Sun Butter Sandwich Sun Chips/Green Beans Apples Slices Wheat Bread Whole/1%/Lactose Milk	Cheeseburger Sweet Potato Fries Mixed Fruit Wheat Buns Whole/1%/Lactose Milk
PM Snack Two of these four components will be present) <ul style="list-style-type: none"> Whole Grain/bread Juice, fruit or vegetable Milk, fluid Meat or meat alternate 		Teddy Grahams Low-fat Yogurt	Ritz Crackers Cheese Slices	Trail Mix Pudding Cups	Ice Cream Truck

Water will be given throughout the day, and as an additional component at snack.

Children up to age 4 may require texture modification or substitutions of some foods to avoid choking.

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