



Meal Patterns and selections for each menu are based on nutritional guidelines mandated by the USDA's Choose My Plate program and other mandatory state guidelines, with the best interest of the child's nutrition in mind. Visit [ChooseMyPlate.gov](http://ChooseMyPlate.gov) for more information.

## WEEK TWO MENU

### Menu for children 1 to 12 years old

Meal Components	Monday: Date <u>3/9/2026</u>	Tuesday: Date <u>3/10/2026</u>	Wednesday: Date <u>3/11/2026</u>	Thursday: Date <u>3/12/2026</u>	Friday: Date <u>3/13/2026</u>
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grain/bread</li> <li>Juice, fruit or vegetable</li> <li>Milk, fluid</li> <li>Other foods</li> </ul>	WG Cereal Bananas Whole/ 1% Milk	Chicken -n- Biscuit Mixed Fruit Whole/ 1% Milk	Cinnamon Oatmeal Toast Baked Apples Whole/ 1% Milk	Rice Chex Mangos Whole/1% Milk	Pancakes Fresh Berries Whole/ 1% Milk
<b>Lunch</b> <ul style="list-style-type: none"> <li>Meat or meat alternate</li> <li>Vegetable</li> <li>Fruit</li> <li>Grain/ bread</li> <li>Milk, fluid</li> </ul>	Ravioli Peas & Carrots Pears Pasta Whole/ 1% Milk	Beef Tacos Corn/Carrots (Toddler) Peaches Tortilla Whole/ 1% Milk	Macaroni & Cheese Broccoli Mandarin Oranges Wheat Rolls Whole/ 1% Milk	Teriyaki Chicken Mixed Vegetables Pineapples Lo Mein Noodles Whole/1% Milk	Cheese Pizza Bites House Salad/Broccoli Mixed Fruit Wheat Crust Whole/ 1% Milk
<b>PM Snack</b> Two of these four components will be present) <ul style="list-style-type: none"> <li>Grain/bread</li> <li>Juice, fruit or vegetable</li> <li>Milk, fluid</li> <li>Meat or meat alternate</li> </ul>	Sun Butter Sliced Apples Wheat Crackers (Toddler)	Tortilla Chips/ Nana bread Salsa	Animal Crackers Low-fat Yogurt	Goldfish Crackers Fruit Cups	Veggie Straws Oranges 100% Juice

**Water will be given throughout the day, and as an additional component at snack.**

Children up to age 4 may require texture modification or substitutions of some foods to avoid choking.

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)