



Meal Patterns and selections for each menu are based on nutritional guidelines mandated by the USDA's Choose My Plate program and other mandatory state guidelines, with the best interest of the child's nutrition in mind. Visit ChooseMyPlate.gov for more information.

WEEK TWO MENU

Menu for children 1 to 12 years old

Meal Components	Monday: Date <u>6/8/2026</u>	Tuesday: Date <u>6/9/2026</u>	Wednesday: Date <u>6/10/2026</u>	Thursday: Date <u>6/11/2026</u>	Friday: Date <u>6/12/2026</u>
Breakfast <ul style="list-style-type: none"> Grain/bread Juice, fruit or vegetable Milk, fluid Other foods 	WG Cereal Fresh Berries Whole/ 1% Milk	Parfait Mixed Fruit Whole/ 1% Milk	Turkey Sausage Biscuit Mangos Whole/ 1% Milk	French Toast Sticks Peaches Whole/1% Milk	Pancakes Baked Apples Whole/ 1% Milk
Lunch <ul style="list-style-type: none"> Meat or meat alternate Vegetable Fruit Grain/ bread Milk, fluid 	Baked Ravioli Carrots Pears Pasta Whole/ 1% Milk	Sweet-n-Sour Chicken Veggie Rolls Pineapples Rice Whole/ 1% Milk	Meatless Spaghetti Broccoli Mandarin Oranges Garlic Bread Whole/ 1% Milk	Fish Nuggets Corn / Peas (Toddlers) Apricots Wheat Rolls Whole/1% Milk	Cheese Pizza House Salad/Carrots Mixed Fruit Pizza Crust Whole/ 1% Milk
PM Snack Two of these four components will be present) <ul style="list-style-type: none"> Grain/bread Juice, fruit or vegetable Milk, fluid Meat or meat alternate 	Sun Butter Apple Slices	Wheat Thin Crackers Hummus	Oatmeal Cookies Pudding	Ritz Crackers Cheese Slices	Goldfish Crackers Ice Cream Truck

Water will be given throughout the day, and as an additional component at snack.

Children up to age 4 may require texture modification or substitutions of some foods to avoid choking.

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