



Meal Patterns and selections for each menu are based on nutritional guidelines mandated by the USDA's Choose My Plate program and other mandatory state guidelines, with the best interest of the child's nutrition in mind. Visit ChooseMyPlate.gov for more information.

WEEK FOUR MENU

Menu for children 1 to 12 years old

Meal Components	Monday Date <u>6/23/2025</u>	Tuesday Date <u>6/24/2025</u>	Wednesday Date <u>6/25/2025</u>	Thursday Date <u>6/26/2025</u>	Friday Date <u>6/27/2025</u>
Breakfast <ul style="list-style-type: none"> Whole Grain/bread Juice, fruit or vegetable Milk, fluid Other foods 	WG Cereal Apple Slices Whole/1%/ Lactose Milk	Hash Browns Fresh Berries Whole/1%/Lactose Milk	Raisin Bread Juicy Oranges Whole/1%/Lactose Milk	Biscuits w/jelly Fresh Melons Whole/1%/Lactose Milk	Oatmeal Bars Bananas Whole/1%/Lactose Milk
Lunch <ul style="list-style-type: none"> Meat or meat alternate Vegetable Fruit Whole Grain/ bread Milk, fluid 	Taquitos Black Beans Peaches Tortilla Whole/1%/Lactose Milk	Beef Fingers Mashed Potatoes Mixed Fruit Wheat Rolls Whole/1%/Lactose Milk	Fettuccini Alfredo Broccoli Pears Garlic Bread Whole/1%/Lactose Milk	Diced Chicken Stir-fry Vegetables Pineapples Spring Rolls Whole/1%/Lactose Milk	Chicken Tenders Mixed Vegetables Applesauce Rice Whole/1%/Lactose Milk
PM Snack Two of these four components will be present) <ul style="list-style-type: none"> Whole Grain/bread Juice, fruit or vegetable Milk, fluid Meat or meat alternate 	Sweet Potato Crackers Bananas	Cheese Crackers Assorted Jell-O	Graham Cracker Fish Apple Slices	Ritz Crackers Fruit Cups	Cereal Puffs 100% Juice Ice Cream Day

Water will be given throughout the day, and as an additional component at snack.

Children up to age 4 may require texture modification or substitutions of some foods to avoid choking.

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