



Meal Patterns and selections for each menu are based on nutritional guidelines mandated by the USDA's Choose My Plate program and other mandatory state guidelines, with the best interest of the child's nutrition in mind. Visit ChooseMyPlate.gov for more information.

WEEK MENU THREE

Menu for children 1 to 12 years old

Meal Components	Monday: Date <u>6/15/2026</u>	Tuesday: Date <u>6/16/2026</u>	Wednesday: Date <u>6/17/2026</u>	Thursday: Date <u>6/18/2026</u>	Friday: Date <u>6/19/2026</u>
Breakfast <ul style="list-style-type: none"> Whole Grain/bread Juice, fruit or vegetable Milk, fluid Other foods 	WG Cereal Bananas Whole/1%/Lactose Milk	Bagels & Cream Cheese Applesauce Whole/1%/Lactose Milk	Cheese Grits Peaches Whole/1%/ Lactose Milk	Dads & Donuts WG Donuts Mixed Fruit Whole/1%/ Lactose Milk	
Lunch <ul style="list-style-type: none"> Meat or meat alternate Vegetable Fruit Whole Grain/ bread Milk, fluid 	Hearty Vegetable Soup Mixed Vegetables Pears Cheese Bread Whole/1%/Lactose Milk	Cowboy Mac & Cheese Green Beans Mixed Fruit Wheat Rolls Whole/1%/Lactose Milk	Lemon Pepper Chicken Tator Tots Mandarin Oranges Waffles Whole/1%/Lactose Milk	Pizza Bites Salad/ Peas (Todd) Mangos Pizza Crust Whole/1%/Lactose Milk	CENTER CLOSED FOR JUNETEENTH HOLIDAY
PM Snack Two of these four components will be present) <ul style="list-style-type: none"> Whole Grain/bread Juice, fruit or vegetable Milk, fluid Meat or meat alternate 	Animal Crackers Low-fat Yogurt	Tortilla Chips/Soft Tortilla Salsa	Cheese It's Crackers Fruit Cups	Trail Mix 100% Juic	

Water will be given throughout the day, and as an additional component at snack.

Children up to age 4 may require texture modification or substitutions of some foods to avoid choking.

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