



Meal Patterns and selections for each menu are based on nutritional guidelines mandated by the USDA's Choose My Plate program and other mandatory state guidelines, with the best interest of the child's nutrition in mind. Visit [ChooseMyPlate.gov](http://ChooseMyPlate.gov) for more information.

## WEEK TWO MENU

### Menu for children 1 to 12 years old

Meal Components	Monday: Date <u>4/13/2026</u>	Tuesday: Date <u>4/14/2026</u>	Wednesday: Date <u>4/15/2026</u>	Thursday: Date <u>4/16/2026</u>	Friday: Date <u>4/17/2026</u>
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grain/bread</li> <li>• Juice, fruit or vegetable</li> <li>• Milk, fluid</li> <li>• Other foods</li> </ul>	WG Cereal Bananas Whole/ 1% Milk	Blueberry Muffins Mandarin Oranges Whole/ 1% Milk	Cinnamon Oatmeal Toast Baked Apples Whole/ 1% Milk	Bagel & Cream Cheese Apricots Whole/1% Milk	French Toast Peaches Whole/ 1% Milk
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetable</li> <li>• Fruit</li> <li>• Grain/ bread</li> <li>• Milk, fluid</li> </ul>	Baked Tortellini Peas & Carrots Pineapples Pasta Whole/ 1% Milk	Beef Tacos Corn/Carrots (Toddler) Mangos Tortilla Whole/ 1% Milk	Turkey Cheese Sliders Pasta Salad Honeydew Melons Wheat Bun Whole/ 1% Milk	Macaroni & Cheese Broccoli Pears Dinner Rolls Whole/1% Milk	Pizza Bites Tator Tots Mixed Fruit Wheat Crust Whole/ 1% Milk
<b>PM Snack</b> Two of these four components will be present) <ul style="list-style-type: none"> <li>• Grain/bread</li> <li>• Juice, fruit or vegetable</li> <li>• Milk, fluid</li> <li>• Meat or meat alternate</li> </ul>	Goldfish Crackers Fruit Cups	Animal Crackers Low-fat Yogurt	Tortilla Chips Ritz Crackers (Toddlers) Rotel Dip	Veggie Straws Ranch Dipping Sauce	Wheat Crackers Shredded Cheese

**Water will be given throughout the day, and as an additional component at snack.**

Children up to age 4 may require texture modification or substitutions of some foods to avoid choking.

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